

## Press Release for ABHIWADAN 2011

FORE School of Management organized its annual event 'ABHIWADAN' - A day dedicated to senior citizens - on February 1, 2011. Team ANTAR, the CSR committee at FORE School of Management, in association with HelpAge India and Art of Living managed the event. Around 40 senior citizens from Gharaunda and HomeforAged at Fatehpur Beri were invited to college and the students spent valuable time with them giving them a homely experience along with entertainment. The day was made enjoyable through songs, dance performances and entertaining games organised by the students. The day was made all the more memorable by dances and on the spot performances by the elderly people also.



There was also a 45 minutes session hosted by Ms. Renuka and team from Art of Living where the senior citizens were introduced some basic breathing exercises to be healthy and fit. The elderly people were also gifted with mementos and posters. The event was a huge success as it spread happiness and smiles on the faces of elderly people.

